

Youth and Juniors Competitions

| Grade | Playing Time | Start Time | Break | End Time | Field size | A side | Substitutions | Rolling | Ball size |
|---------------------------|--------------|------------|---------|----------|--------------|--------|-----------------|---------|-----------|
| Super Youth | 2 x 45 mins | 12:00pm | 10 mins | 1:40pm | Senior | 11 | 5 Named on card | No | 5 |
| Premier Youth | 2 x 45 mins | 12:00pm | 10 mins | 1:40pm | Senior | 11 | 5 | Yes | 5 |
| Girls Youth Division | 2 x 35 mins | 9:15am | 10 mins | 10:35am | Senior | 11 | 5 | Yes | 5 |
| Junior Premier 15th Grade | 2 x 40 mins | 9:15am | 10 mins | 10:45am | Senior | 11 | 3 | Yes | 5 |
| Junior Premier 13th Grade | 2 x 30 mins | 10:50am | 5 mins | 11:55am | Senior | 11 | 3 | Yes | 4 |
| Junior Premier 11th Grade | 2 x 25 mins | 9:30am | 5 mins | 10:25am | Intermediate | 11 | 3 | Yes | 4 |
| Junior Premier 10th Grade | 2 x 20 mins | 10:50am | 5 mins | 11:35am | Intermediate | 11 | 3 | Yes | 4 |

JUNIOR GRADES

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|-----------------------|-------------|---------|---------|---------|--------------|----|-----|-----|---|
| Junior Youth | 2 x 40 mins | 9:15am | 10 mins | 10:45am | Senior | 11 | 3 | Yes | 5 |
| 14th Grade | 2 x 35 mins | 9:15am | 5 mins | 10:30am | Senior | 11 | 3 | Yes | 5 |
| 13th Grade Girls | 2 x 30 mins | 10:50am | 5 mins | 11:55am | Senior | 11 | 3 | Yes | 4 |
| 13th Grade | 2 x 30 mins | 10:50am | 5 mins | 11:55am | Senior | 11 | 3 | Yes | 4 |
| 12th Grade | 2 x 30 mins | 10:50am | 5 mins | 11:55am | Intermediate | 11 | 3 | Yes | 4 |
| 11th 12th Grade Girls | 2 x 25 mins | 9:30am | 5 mins | 10:25am | Intermediate | 11 | 3 | Yes | 4 |
| 11th Grade | 2 x 25 mins | 9:30am | 5 mins | 10:25am | Intermediate | 11 | 3 | Yes | 4 |
| 10th Grade | 2 x 20 mins | 9:30am | 5 mins | 10:15am | Junior | 8 | N/A | Yes | 4 |
| 9th Grade * | 2 x 15 mins | 10:20am | 5 mins | 10:55am | Junior | 8 | N/A | Yes | 3 |
| 8th Grade * | 2 x 15 mins | 11:00am | 5 mins | 11:35am | Junior | 5 | N/A | Yes | 3 |
| 7th Grade * | 2 x 15 mins | 11:00am | 5 mins | 11:35am | Junior | 5 | N/A | Yes | 3 |

* Mainland recommendations, in house competitions may vary from club to club.